

What is testicular cancer screening?

There are no screening tests for testicular cancer. However, starting after puberty, men should examine their testicles monthly and see a physician if they find a lump in a testicle.

During a routine check-up, a doctor will examine a man's testicles as part of a physical exam. For more information, consult the [American Cancer Society](#).

What are the signs of testicular cancer?

Testicles are two golf ball size organs that are part of the male reproductive system. Testicular cancers can often be found at early stages when they are still small and have not spread. Many times, a lump or swelling of the testicle will be the first symptom.

Signs of testicular cancer include:

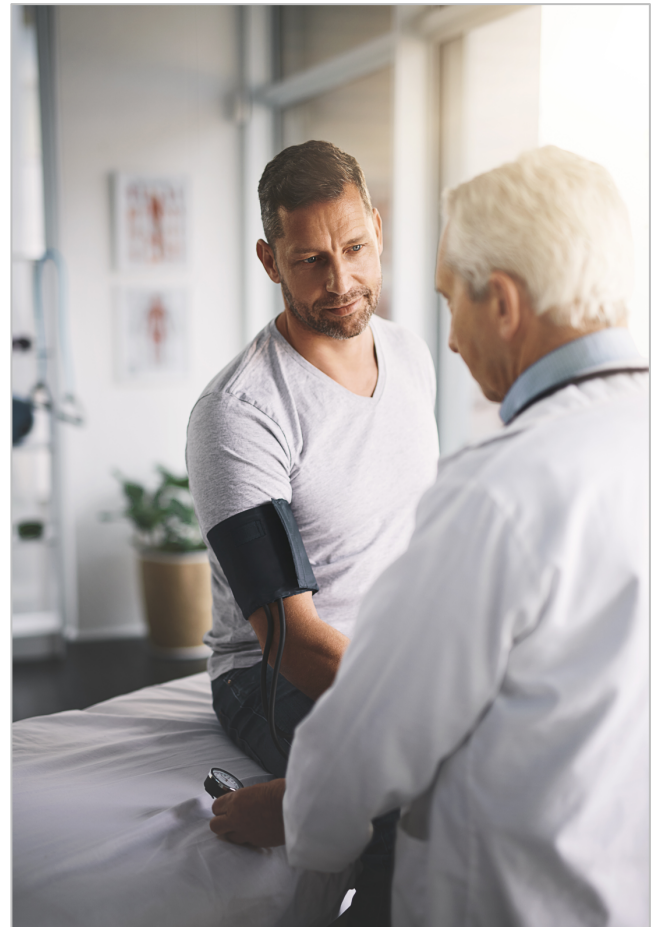
- A lump or swelling in the testicle.
- Breast growth or soreness.
- Signs of early puberty in boys, such as deepening voice and the growth of facial and body hair.

Signs of advanced testicular cancer include:

- Low back pain.
- Shortness of breath, chest pain, or a cough (even coughing up blood).
- Belly pain.
- Headaches or confusion.

These symptoms can occur with other illnesses that are not cancer, so please discuss them with your doctor.

Source: [American Cancer Society](#)



What if signs of testicular cancer are found?

If a lump or other sign of testicular cancer is found during an exam, your doctor may recommend:

- Ultrasound of the testicles
- Blood tests for tumor markers
- Surgery to diagnose testicular cancer
- Imaging tests

